

BOOK REVIEW

NEURO/MUSCULO-SKELETAL EXAMINATION AND RECORDING GUIDE

5th Edition 1992 Published by Lauderdale Press

The 5th edition of this booklet published in 1992 effectively summarises parts of the texts of Vertebral and Peripheral Manipulation by the same author. It serves as a useful companion to both.

The booklet is small and manageable and will be valuable as a reference in the clinical set-up. It will be especially useful to students who have recently been introduced to the Maitland Concept. Students will also find it a useful adjunct for revision as the most essential parts are well highlighted.

The second section deals with the examination of the peripheral joints, where the techniques required for adequately testing the relevant joint are listed. For each joint "complex" eg. shoulder complex the examiner is reminded of moving to *pain* or moving to *limit*, the tests which should be performed for chronic and minor symptoms and the tests required to prove that joints are unaffected.

The following section deals with the examination of the Vertebral joints. Useful information on the Neurological examination, illustrations of dermatomes and Selection of Treatment Techniques amongst other things is also included.

This booklet is highly recommended especially for students or any therapist who

uses the Maitland Concept method for examination and treatment.

C Cunningham

