could be ascribed to anterior or anterolateral disc pathology with prolapse, muscle spasm or zygapophyseal joint pathology.

In the case under discussion, thoracic rotation to the right reproduced the thoracic pain. This might be explained by virtue of the fact that there is reflex spasm of the rhomboid and erector spinae muscles. Rotation of the thorax towards the painful side involves scapular retraction on that side, recruiting the affected muscles and eliciting pain.

**Implications for treatment**

Mobilisation of the cervical spine by direct pressure produced positive results. Schneider advocates such treatment, maintaining that repetitive passive movement of the intervertebral joint decreases or blocks discharge from the joint afferent nerves, inhibiting pain sensation from these joints and reducing referred pain. The patient responded rapidly to intermittent variable cervical traction and it would be interesting to assess the value of this modality in other cases of this nature.

**REFERENCES**

beyond the scope of this article but the
omy, jokes - the list is endless.
vegetarian food recipes, running, astron­
Other applications of the Internet
The Internet carries a vast number of
information databases and programs that
can be accessed on-line or retrieved to read
or run on your own computer. There are
tools to assist you in finding the informa­
tion (and location) you are interested in. In­
struction in the use of these tools extends
beyond the scope of this article but the
following is a short introduction to the
options available. The first is a program
called ARCHIE which is able to search
through files indexed on the Internet using
keywords supplied by you. Once a file is
found it can be transferred to your com­
puter using the file transfer procedure
(FTP).
The process of telnetting or remotely
logging onto a distant computer allows
you to gain access to numerous types of
databases, including libraries and other
public or government services throughout
the world. Other systems to assist in
searching for information are the gopher,
wide area information server (WAIS) and
the world wide web (WWW). These methods
allow you to read the informa­
tion on-line (at the docu­
ments source) through a se­
ries of easy-to-use menus. This saves you from
having to transfer the information to
your computer in order to
read it.
This article has hopefully
shown you some more appli­
cations for computers. South
Africa has been isolated for
so long, its about time we
physiotherapists joined our colleagues in
the global village.

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