

**BOOK REVIEW – continued**

inclusion of a discussion on degenerative arthrosis of the spine and intervertebral disc disease, is welcomed. What is sadly lacking in this book is a mention of passive mobilisation as possible treatment for intervertebral disc lesions. Shortwave diathermy is still employed in the treatment of rheumatoid arthritis, whereas it is now known that deep heat is detrimental to this condition. It is hoped that these two points can be put right in a future edition.

The third section on physiotherapy for children is subdivided into three parts: (1) Child development. The author discusses briefly the milestones of development as a related sequence, which is more meaningful than the list given in previous editions. An illustrated chart of development would be a further improvement. An informative section on the importance of play and the choice of useful toys is also included. (2) Some specific conditions related to children, including congenital abnormalities and respiratory conditions. (3) Mental subnormality, with suggestions for physical assistance.

The final section deals with the few remaining skin diseases still referred for physiotherapy. Leg ulcers, burns and skin grafts are fairly extensively described and well illustrated but treatment is not very specific. I query the validity of the author's statement: "The usefulness of ultraviolet light on wounds is doubted by many". It is my experience that if correctly applied, ultraviolet light can be invaluable.

It is a pity that the management of physical disability in general is excluded in this edition, although it is touched on when applicable in conjunction with various conditions.

Generally speaking, the approach in this book assumes that the physiotherapist is familiar with methods and techniques mentioned in treatment. From the students' viewpoint, this leaves a gap. It is hoped that in future editions detailed technique will be included to enhance the value of this otherwise very useful book, for student and physiotherapist.

M. C. Drotsky

### **POST-GRADUATE COURSE ON THE VERY EARLY DETECTION AND TREATMENT OF CEREBRAL MOTOR DISTURBANCES**

A two-week post-graduate course on the very early detection and treatment of cerebral motor disturbances will be held at the University of Stellenbosch, Parowvallei, Cape from 2nd to 13th October 1978. The course will be given by Dr. E. König (paediatric neurologist) and Miss M. B. Quinton (physiotherapist) of the University of Bern, Switzerland.

Applications will be accepted from registered physiotherapists, occupational therapists or speech therapists who have successfully completed a recognised two-month post-registration course on neurodevelopmental therapy within the last five years. The number of course participants is limited to 15 and, in order to ensure that maximum benefit is derived from the course, preference will be given to applicants at centres from which more than one therapist apply.

The course fee will be approximately R100. The facilities of the Medical School Library will be available to course participants and refreshments/lunch will be available from the Medical School cafeteria.

Application forms are available from:

Mr. de Clerk  
Medical School  
University of Stellenbosch  
P.O. Box 63  
7505 Tygerberg

The closing date for applications is 31st May 1978.



## **UNIVERSITY OF CAPE TOWN**

Miss Diana Gaskell, Superintendent Physiotherapist, Brompton Hospital, London, will be attached to the Department of Physiotherapy during April, May and June 1978. The following post-graduate activities will be available during that time.

- 15 April: Symposium on Clinical Management of Chronic Respiratory Disease  
Fee: R2,00 (including tea)  
Venue: Nico Malan Recreation Hall, Groote Schuur Hospital.
- 6 May: Workshop on Physiotherapy Technique used in Intensive Care and Respiratory Conditions  
Fee: R5,00 (including tea)  
Venue: Department of Physiotherapy, 8 Clee Road, Observatory 7925.
- 27 May: Workshop on Apparatus used by Physiotherapists in Intensive Care and Respiratory Conditions  
Fee: R5,00 (including tea)  
Venue: Department of Physiotherapy, 8 Clee Road, Observatory 7925.
- 12-23 June: Refresher course on Treatment of Neurological and Neurosurgical Conditions including Intensive Care  
Fee: R40,00 for the full course or R5,00 per day.  
Number will be limited as it is a practical course.  
Venue: Department of Physiotherapy, 8 Clee Road, Observatory 7925.

Further details can be obtained from:

The Secretary  
Faculty of Medicine Post-graduate Education Centre  
Medical School  
Observatory 7925.  
Tel.: 55-8969.