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EDITORIAL

GREETINGS for Christmas and the New Year, 1960, to friends and colleagues in South Africa and overseas from the Editor and Committee.

When this journal goes to press, the students in the three training schools, Witwatersrand University, Pretoria Hospital Physiotherapy School and Cape Town University School, will be busy with their year-end examinations. Most certainly all members wish them the best of luck and successful results, and assure them all of a hearty welcome into the ranks of trained Physiotherapists, and as members of the South African Society of Physiotherapy in the near future.

As each new year approaches it behoves us, each and everyone to take time off to examine ourselves and our work. We must ask ourselves once again whether we are giving of our best. We must not be content to carry on year after year using the same techniques and exercises. We must use our initiative, work out new schemes of treatment and invent a new approach to old problems,

thereby not only inspiring our patients along the road of recovery, but also helping ourselves. Many old, hitherto well thought of techniques, have been proved useless when put to test by research workers. We must beware we are not wasting our time or that of our patients, by carrying on doing worthless treatments. By reading recent publications, attending lectures and post graduate courses whenever possible, we can, and must, keep abreast with the times.

During October the National Council for the Care of Cripples held their Nineteenth Annual General Meeting in Johannesburg. Here it was made very clear how rehabilitation in South Africa has progressed. Great strides have been taken in the layman's approach too, to the crippled and handicapped person. It was an inspiration to all those who attended the various meetings and sessions to learn how much is being done in the country through the auspices of the National Council.